

Additional Resources

OHSU Office for Rural Health

<http://www.ohsu.edu/oregonruralhealth/>

Mid-Columbia Medical Center

The Dalles, OR
<http://www.mcmc.net/>

Mid-Columbia Center for Living

422 N. Main St.
Condon, OR 97823
541-384-2666
www.communityofcare.org/counties/Midcolumbia_mhp.htm

Dept. of Human Services, Seniors & People with Disabilities

Condon Office
425 N. Washington
PO Box 244
Condon, OR 97823
541-384-5088

Summit Springs Village, Assisted Living Facility

PO Box 687
133 S Church St
Condon, OR 97823
541-384-2101
[Www.summitspringsvillage.org/ind](http://www.summitspringsvillage.org/ind)



COMING SOON: Gilliam Co. Bookmobile

Arlington Public Library
500 W. First St.
Arlington, OR
541-454-2444
aplib@gorge.net
M 10-4:30 W 2-6:30 F 10-2

Gilliam County Public Library
310 S. Main St.
Condon, OR
541-384-6052
gcl@jncable.com
Mon-Wed 12-5 Thu 12-4:30

Gapp * Hepburn *
Hoffman Hill
LI833XO
Spring 2008

Health Information: Rural Seniors Gilliam Co., Oregon



A COLLABORATION OF:

- Gilliam County Library,* Condon
- Arlington Public Library*
- Gilliam Co. Medical Center
- Arlington Medical Center
- OHSU Office for Rural Health
- Mid-Columbia Medical Center
- Lifespan Respite Care Network

*see reverse for hours of operation

Health Care in Gilliam Co.



Gilliam Co. Medical Center PO Box 705
422 Main St.
Condon, OR 97823
541-384-2061

Arlington Medical Center
Arlington Mall
Arlington, Or 97812
541-454-2888

Arlington Senior Meal Site

50 Shane Dr.
Arlington, OR 97812
541-454-2010

Gilliam Lifespan Respite

c/o Summit Springs Assisted Living Facility
PO Box 769
133 S. Church
Condon, OR 97823
541-384-3767

Transportation Network

Oregon Health Plan (OHP) Plus

*no fee transportation to medical appts.
Ride-along with patient permissible for medical and mobility reasons
877-875-4657 toll free
541-296-7595
Call hours: 8am-3pm M-F
Call at least 72 hours in advance

Consumer Health Information: a weblibliography

MedlinePlus, a database hosted by the National Library of Medicine

www.nlm.nih.gov/medlineplus/
US Dept. of Health and Human Services

www.healthfinder.gov/
National Institutes of Health
<http://health.nih.gov/>

FDA Consumer Health Information
www.fda.gov/consumer/
Medical Library Association's Top 100 Health websites you can trust"
<http://caphis.mlanet.org/consumer/index.html>

Federal Government
www.consumer.gov/health.htm

Harvard Medical School
www.intelihealth.com

University of Cincinnati
www.netwellness.org

Regional Information Resources

Gilliam Co. Library (Condon)

<http://www.gilliam.plinkit.org/>
Arlington Public Library
(use SageCat))

Libraries of Eastern Oregon
<http://www.librariesofeasternoregon.org/index.htm>
SageCat:

a consortial catalog of 76 libraries in Eastern Oregon
<http://eos.eou.edu/>

Use L-Net, the online "ask a librarian" service available 24-7

<http://www.oregonlibraries.net/>



Proposed Informational Services & Programs for Gilliam Co.

Target Group: seniors & concerned parties

Proposed Programs:

Information Packets --
Health Fair --
Bookmobile --
Lecture Series --
Instructional Seminars --
Web Resources

Marketing Tools:

Flyers*: Post Office, The Country Café, St. John's Parish Hall, etc.

Library Newsletter* (or column in Times-Journal)

*bulk mailing & posted in community Newspapers: *Times-Journal, The Dalles Chronicle*

Radio & TV

Websites: City of Condon, Arlington HS Senior & Medical Centers

Community Events: Fourth of July, Gilliam Co. Fair

Funding & Collaborative Partners:

OHSU & MCMC

State and Federal grant opportunities
LEO

City Councils & Budget Committee

Community Organizations: Elks Lodge, etc.

We want to hear from you!

Contact: *Librarians @ Gilliam Co. & Arlington Public Libraries**

- What information services would you like to see in the future?
- What could be improved about current information services?
- What specific health topics would you like to see in future programming?

*see reverse for contact info.