

Ultralight Gear List

The ultralight backpacking movement was started with Ray Jardine's book, *Beyond Backpacking* <http://www.rayjardine.com/index.shtml>

Other Resources:

<http://www.ultralightdesigns.com/techniques/articles.html>

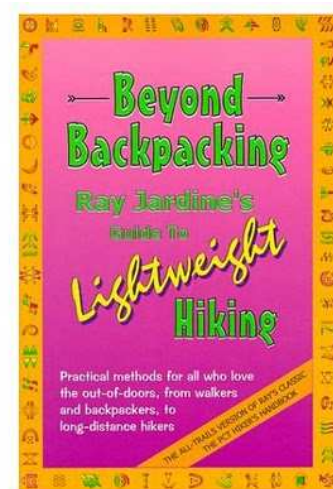
<http://www.backpackinglight.com/cgi-bin/backpackinglight/index.html>

CLOTHING

- Synthetic short-sleeve t-shirt
- Midweight synthetic or fleece long-sleeve top
- Wind or rain shell (not both, under 12 ounces)
- Rainpants (optional)
- Lightweight synthetic trekking pants (zip-offs preferable)
- Lightweight synthetic shorts (optional)
- Down jacket (10 to 12 ounces)
- Socks (two pair, one doubles as mittens)
- Underwear (optional)
- Wool or fleece hat

GEAR

- Internal frame pack or frameless rucksack (3,000 cubic in. or less, 2 lbs. or less)
- Down sleeping bag (750 fill or better)
- Short sleeping pad (60", closed foam or uninsulated air mattress)
- Tarp (siliconized nylon)
- Trekking poles (if needed for pitching tarp)
- Lightweight cord to secure tarp to poles
- Headlamp (small LED)
- Water bladder
- Alcohol or canister stove, fuel, and lighter
- Cookpot with lid (titanium or ultralight aluminum)
- Mug and spork
- Water treatment drops or tablets (chlorine dioxide or iodine)
- Bear canister (in grizzly country)
- First aid kit with razor blade (instead of knife)
- Map and compass
- Essential toiletries and trowel
- Stuff sacks (siliconized nylon)
- Sunscreen, sunglasses, sun hat



Ranger Librarian's Note: While Ultralighters frown upon the “just in case” mentality, safety should not be sacrificed in the interest of saving weight. Nor is the ultralight approach advisable in winter.